

Rotherham Prevention Concordat for Mental Health- one year on, 2024

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Understanding local needs and assets

- Mental Health Needs Assessment
- Maltby and Dinnington- population health management work (LTC)
- Updated mental health and loneliness chapters in JSNA- qualitative data from focus groups
- Mental health asset mapping- statutory and voluntary sector services
- Promotion of data to Better Mental Health for All Group
- JSNA sessions for Mental Health Alliance and internal RMBC staff
- Prevention and Health Inequalities Plan- measures focusing on people with mental health conditions and improving health and wellbeing
- Data used to inform Ward priorities

Working together

- Strong Partnership Groups- Better Mental Health for All and suicide prevention groups (RMBC, SY ICB Rotherham Place, RDASH, VAR, VCS, SYP)
- Workforce development- Making Every Contact Count sessions (mental health, loneliness, sleep) and suicide prevention training
- VCS Mental Health Network
- Rotherham cross sector Befriending Network
- Roll out of Say Yes campaign
- Open Arms Project
- Rotherham Creative Health Board
- Humanitarian and Community Group- Collaboration on cost-of-living support

Taking action on prevention/promotion of mental health and addressing mental health inequalities.

- New information on RotherHive- pain management, physical activity
- Mental Health Awareness week in May 2024- workshops for staff across Place
- Comms campaigns- Five Ways to Wellbeing, Mental Health Awareness, Be the One
- Talking Therapy and Qwell & Kooth- presentations at team meetings across the Partnership
- Actions relating to Real Time Surveillance themes (chronic pain, domestic abuse, debt)
- Be Well @ Work- 8 Bronze, 7 silver and 4 Gold, other organisations working towards these levels
- Open Arms project- VCS sector led
- Employment is for Everyone
- Rotherham Social Prescribing Service- LTCs which includes people with mental health conditions
- Work to increase uptake of health checks for people with Severe Mental Illness SMIs and those with a Learning Disability.
- Upstream work on Real Time suicide prevention themes

Defining success/measuring outcomes and Leadership and Direction

- Actions cited in the HWB strategy and Place Plan. Annual updates on progress to the HWB.
- Regular updates to the MH, LD and Neurodiversity Transformation Group.
- Leading by example- Evidence of Partners engaging in comms campaigns and awareness raising weeks
- Evaluation of training- measuring changes in knowledge and skills
- Comms and engagement plans- measuring outcomes and success.

What needs to happen next and when?

- School survey- review of the data, schools to action on their own data- September onwards 2024
- Training sessions for partners on using the JSNA- for Partners Autumn onwards
- Comms and engagement activities- Be the One, Five Ways to Wellbeing- ongoing, focus in September, October and May
- Ward plans to be completed by end of October 2024
- Continued development of Development of a JSNA guide for measuring mental health- October 2024
- Suicide Prevention Symposium December 2024
- Leading by example, signing up to the Be Well @ Work (ongoing)